

**VOLUME 5, ISSUE 1: SPRING 2021** 

#### **ANCIENT FOODS, FUTURE SUCCESS**

What foods do you eat? Just 15 crop plants provide 90 percent of the world's food energy, with rice, corn, and wheat making up two-thirds. When confronting climate change, researchers know we need more diversity. Traditional crops, among them the so-called "ancient grains," are being reevaluated as versatile, nutritious, and hardy.

Teff, a kind of millet, is an ancient grain grown widely in northeast Africa. More than 100 million people rely on

teff for sustenance and nutrition. It is drought tolerant and well suited to the challenging growing conditions in the region. It is also gluten-free, iron-rich, and contains high-quality protein. If you've ever eaten *injera* crepes in an Ethiopian restaurant, you have likely eaten teff.

But despite its many advantages, teff has a problem. Much like unimproved wheat, teff tends to grow tall and fall over, diminishing yields by up to 25 percent.

Dr. Getu Beyene Duguma, PhD,

is working to change that. Senior
Research Scientist at the Danforth
Center's International Institute for Crop
Improvement, Dr. Duguma grew up in
Kokofe, Ethiopia, where the local grain
crop is teff. Now, he's hoping to improve
the grain of his childhood. Using cuttingedge precision breeding tools at the
Danforth Center, Dr. Duguma is helping
do for teff in East Africa what the Green
Revolution did for wheat in the West:
dramatically improve yields and raise
living standards for farmers.

#### ANCIENT FOODS, FUTURE SUCCESS cont.

When you support the Danforth Center, you are helping find sustainable solutions to feed the world and heal the planet.

Planned gifts can create a legacy of support for projects with real-world impact. Call 314.587.1071 for more information.

"Improved teff will benefit farmers across northeast Africa, including my family in Ethiopia, and can provide a better standard of living."

**Getu Duguma, PhD,**Senior Research Manager,
Danforth Center



## CHARITABLE GIVING IN A PANDEMIC

Congress has provided several economic incentives to help address the far-reaching effects of the COVID-19 pandemic, including additional tax incentives to encourage charitable giving. Here are some things to keep in mind:

- You may deduct gifts of cash to most public charities to offset as much as 100% of your income. (Ordinarily the limit is 60%.)
- If you don't itemize you, may still **reduce your taxable income by \$300** for your charitable contributions in 2021.

Qualified charitable distributions
 (or IRA rollovers) are still a great way
 to make contributions if you are 70½ or
 older – especially since the required
 minimum distribution has resumed in 2021.

When you are ready, we will be here to help you shape a charitable gift plan that suits your needs and ensures your legacy at the Danforth Center. Please contact Joyce Pluhar at JPluhar@danforthcenter.org or call 314.587.1234 to learn about the many ways you can support Donald Danforth Plant Science Center.

### HOMETOWN PRIDE: SUSAN AND CICARDI BRUCE

Ask Susan and Cicardi Bruce which charities they support and you'll be met with a chuckle. "How long have you got for the list?" he asks.

With service on an estimated 35 to 40 boards over the years, including the Saint Louis Zoo's Marlin Perkins Society, American Cancer Society, and the Saint Louis Ambassadors where he's currently chairman, Cicardi views helping his hometown as a personal mission: "I'm a fourth generation St. Louisan. My family prospered in St. Louis with our commercial printing operation, and I want to give back."

The Bruces learned of the Danforth Center through the philanthropic community. When they attended their first Conversations event, there were several friends waiting to greet them. "We walked in and here were all these people we knew," says Susan. "We realized the Danforth Center must have something special going on."

Cicardi and Susan have been Danforth Society members since 2018. They have also created a legacy of support by adding the Danforth Center to their estate plans.

Cicardi explains: "Of all the work that I've done with nonprofits, the most important of any of them is the Danforth Center. We can't feed the people we have now—how are we going to feed 3 billion more by 2050? The Danforth Center is not only helping feed people, they are bringing new business and technology to St. Louis. It's a win-win."



Cicardi and Susan Bruce, Legacy Society members

When you make a planned gift to the Danforth Center, you create a legacy of hope for people around the globe and new companies and jobs for people in St. Louis.

For more information, call Joyce Pluhar at 314.587.1071.



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# PLANTING FOR THE FUTURE

Gardening is a widespread pandemic trend, bringing us in touch with our connection to food and to the Earth. That's what creating a legacy is about – creating connection and planning for the future. To discuss your gift to plant science, sustainability, and a stronger St. Louis, call 314.587.1071.

